

The IJHRMLP is a peer-reviewed international journal that publishes abstracts with full-text articles. It publishes the following types of articles.

Types of the article:

- Original research article
- Review article
- Rapid communications
- Technical notes
- Case reports
- Preliminary communications
- Letters to the editor
- Book reviews
- Commentaries
- Recent court judgements on medico-legal issues
- Medico-legal queries

FORMAT OF THE ARTICLES

IJHRMLP strongly recommend that the author write concisely and stick to the following guidelines:

- Original research articles 3,000 words
- A review article should be no more than 2,500 words
- Case article and editorial 1800 words
- Letter to the editor only 750 words.

[This word count includes titles to references.]

The title should be no more than 20 words, and the abstract should be no more than 250 words, excluding the keywords.

HOW TO SUBMIT MANUSCRIPT

The following files should be submitted:

1. Title page,
2. Manuscript (Blinded),
3. Figure in JPG format and
4. Other files, if any.

TITLE PAGE

The title page (devoid of the manuscript) should be submitted separately through the editor's email at editor@ijhrmlp.org with the following details.

TYPE OF PAPER

Mention the type of the paper, whether original, review, case report, letter to the editor, short communication, court judgement, etc.

TITLE OF THE PAPER

The title of the article. A short and precise running title should also be included within 10-15 words.

AUTHOR DETAILS

Full details of all the authors as below should be mentioned specifying the corresponding author.

Name of the author:

Department:

Affiliation:

Address:

Email:

Mobile:

ORCID-ID:

Postal Code (PIN):

Author orders: Surname (1 space) initial/s (no spaces or punctuation between initials) (full-stop OR if further names comma, one space).

Example: Mahanta P¹, Patowary AJ², Saikia A³, ...

REVIEWER SUGGESTION

Authors may submit the names, affiliations and addresses (including email) of at least two expert subject-specific reviewers other than their institution. A sentence in their support states why they are fit to review the paper of the submitting author.

AUTHOR DECLARATION

Acknowledgements: Authors should acknowledge all those who contributed to the work who cannot necessarily be included in the list of authors. In this section, the funding body should also be acknowledged as appropriate.

Ethical clearance: Ethical consideration must be declared as per ICMR guidelines. A statement should be mentioned regarding ethical clearance and informed consent.

Financial support: Source of the fund is also to be declared.

Conflict of interest: Authors must declare any conflict of interest. If there are none, the authors should indicate, "No conflict of interest associated with this work".

Availability of data: State the availability of the data related to your article which are not included in the manuscript.

Ethical matters

Authors using experimental animals and human subjects in their investigation must seek approval from the appropriate Ethical Committee (as per the ICMR Guidelines). The same should be provided to the editor of this journal, including other relevant papers. Publishing photographs in case of case article needs permission from the patient or legal guardian.

Contribution of authors: The authors must declare that they did the work by beginning this section with the following statement, "I (We) declare that this work was done by the author(s) named in this article and all liabilities about claims relating to the content of this article will be borne by the authors". In addition, a declaration of each author's role should be provided in the manuscript.

MANUSCRIPT

The author must upload the manuscript (devoid of title page) as a **blinded article** through the author login page available at http://www.ijhrmlp.org/instruction_to_author.php. Any identifiable statement should not appear in the manuscript, as it will be forwarded for a double-blinded review process.

WRITING YOUR MANUSCRIPT

IJHRMLP is read by a truly diverse range of scientists, many of whom are non-native English speakers. Therefore, please carefully consider communicating your findings as clearly as possible. Even if you can assume a shared basic science knowledge, please don't expect everyone to be familiar with your field's specialist language or concepts. Therefore:

- Avoid technical jargon wherever possible, explaining it clearly when it is unavoidable.
- Keep abbreviations to a minimum, mainly when they are not standard.
- If you use an abbreviation, make sure you spell it out entirely in the text or legend the first time it appears.
- Clearly explain the background, rationale and main conclusions of your study.
- The titles and abstracts in the easy English language that any scientist will readily understand should be used

We strongly recommend you ask a colleague with different expertise to review your manuscript before submitting it. This will help you to identify concepts and terminology that non-specialist readers may find hard to grasp.

All manuscripts must be in British English and MS Word format (doc). The manuscript should be prepared in A4 format with a 2.5 cm margin around the page.

Paragraphing: All text must be in double space all through with continuous line numbering.

Font: "Times/Times New Romans" all through the text.

Title: 22 points font size.

Running Title: Should have not more than ten words in 9 points font (Arial) size.

Tables and figures: 10 points font size all through. Data in Tables must be provided in the cells inside Table. The use of TABS and spacing between lines using line should be avoided.

Body of manuscript: Use 10.5 points for the text. All caps with bold for the main headers and 10.5 points (bold) for all sub-headings.

Materials and methods: Use 10.5 points for the header (All caps with bold) and 10.5 points for all sub-headings (bold) and other texts.

Authors' contribution: Use 10.5 points (bold) for the header and 10.5 points for other texts.

Acknowledgements: Use 10.5 points (bold) for the header and 10.5 points for other texts.

References: Use 10.5 points (All caps with bold) for the header and 10.5 points for all text.

Tables

These should be numbered, e.g., **Table 1, 2**, etc.

The Table should be self-explanatory and short. Each Table should be typed using a standard table format. Each Table must be mentioned at the appropriate position in the text. The title/caption should be typed at the top of the Table in the sentence case format, and the footnote should be typed at the bottom of the Table in italic. As per the policy of the journal, only five tables are allowed.

Figures

Please supply all figures with figure tags as Fig. 1, Fig. 2, etc. Authors should produce figures that will not exceed the size of half column of a page.

The figure should be removed from the manuscript, and the figure legend/title must be listed at the end of the manuscript file after the references. The author must mention the figure number in the appropriate text in the manuscript to better connect and understand the findings.

Figure constraints:

- Accepted file types: .png, .jpeg, .tiff.
- Minimum width: 900 pixels (recommended minimum width: 1600 pixels)
- Maximum file size: 10 MB
- Figures featuring stretched, distorted, and blurry are not accepted
- Republished figures must include proper attribution and a note that permission was obtained from the original publisher. It should be included in the figure legend itself.
- Original DICOM images must be uploaded.
- Unnecessary whitespace should be cropped.
- Arrows should be used to identify points of interest
- If the figure contains multiple panes, each pane should be labelled with a letter
- If you need to resize your figure(s), please do not stretch the image using MS Paint or a similar application. Many options exist to revise figures without diminishing quality and not typing the title in the figure area.

The author must produce photographs and graphs in any colour; diagrams **MUST** be drawn only in black. The legend and any footnote for each figure should be typed below the figure. If photographs of patients are used, either the subjects are not identifiable, or their pictures must be accompanied by written informed consent to use the images for publication in a scientific journal. Photographs must be clear and sharp.

The authors should send each figure separately along with the title page to the editor, email editor@ijhrmlp.org. Images generated at low resolution for display (screen) purposes are unacceptable.

Note: Any table or figure that can fit into a half column of a page must not be stretched into the entire page width. The Table must be in the regular grid in a Table format, and it would help if you did not use spaces to create distinctions between lines inside the Table. As much as possible, figure labels should be such that they can be read when reduced to a width of about half a column.

MANUSCRIPT STYLE

It should be arranged in the following order: Title, Abstract, Keywords, Introduction, Material and Methods, Results, Discussion, Limitations, Conclusion and References. However, the title page should mention the left-out issues [Acknowledgements, Conflict of Interest, Contribution of Authors, and ethical clearance].

ABSTRACT

The abstract of an original research paper must be structured, and this should not be more than 250 words and should be arranged in the following order:

Background and aims: One or two sentences. **Material and methods:** The method adopted in the investigation should be apparent and precise. **Results:** The findings of the research. **Conclusion:** Final, conclusive statements on the work.

However, the abstract should not be structured for a review and case article.

Keywords: Include between 3 and 10 keywords separated by semi-colon for indexing purposes. These must not include any words that already exist in the title of the manuscript.

Case Reports

Cash reports will be accepted only if they contain essential new information for the readers.

Rapid Communications

Rapid communication should describe work of significant interest whose impact would suffer if publication were not expedited. It should not be more than 2500 words. Authors may suggest that their work is treated as Rapid Communication, but the handling Editor will decide whether it is suitable. Rapid Communications requiring revision should be resubmitted as a new submission.

Technical Notes

Technical notes report new developments, significant advances and novel aspects of experimental and theoretical methods and techniques relevant to scientific investigations within the journal's scope. Manuscripts of this type should be short and about 2000 words only. Highly detailed and specific technical information, such as computer programme codes or user manuals, can be included as electronic supplements. The manuscript's title must start with 'Technical Note:'.

Commentaries

Commentary articles are designed to allow experts from different fields of medical sciences to present their views on a 'hot topic' or emerging area. Commentaries should be between 1000-1500 words and contain fewer than five references. Authors may suggest that their work is treated as a Commentary, but the handling Editor will decide whether it is suitable. Commentaries will not appear in the printed version of the journal.

REFERENCES

References should be typed double-spaced and numbered manually (no bullet numbering) and arranged as per Vancouver Style consecutively in the order they are cited in the text. Intext references should be superscript and after the full without any brackets. Arabic numerals should be used in citing references in the text. Unpublished work should not be included in the list of references. In the list of references for correct abbreviations, please visit <http://www.ncbi.nlm.nih.gov/PubMed/jbrowser.html>

MANUSCRIPT SUBMISSION CHECKLIST

Before submitting an article, authors need to check the instruction to author available at www.ijhrmlp.org. Please go through the following checklist at the time of submission of an article. The author must answer 'Yes' to all the items. Failure to comply with manuscript formatting requirements will result in the manuscript being returned to the author for reformatting or rejected outright.

- ☐ Is my manuscript typed double-spaced, including the 'Abstract' and 'Reference' list?
- ☐ Is my manuscript within the limit of words specified?
- ☐ Are Results, and Discussion separated into sections of 'Results' and 'Discussion'?
- ☐ Is there a 'Conclusion' section?
- ☐ Is there a 'Conflict of Interest' section?
- ☐ Is there a 'Contribution of Authors' section?
- ☐ Is the reference numbering style "superscript" and the Vancouver style referring?
- ☐ Did the 'Reference' list adhere strictly to this journal format, including the correct punctuations per the Vancouver style?
- ☐ Is the total number of Figures and Tables within the limit of five allowed?
- ☐ Is there a legend/caption at the bottom of each Figure and at the top of each Table?
- ☐ Are the Figures/images sharp and clear with legible fonts?
- ☐ Is the symbol key removed from within the Figure and integrated neatly within the legend?
- ☐ Have borders been removed from around the Figures?

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Case Report/ Case Study	Rs. 5000/- (INR)
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